

Equilibrium Physical Therapy's

Balance

Program

The Program:

Begins with a 45 minute evaluation with a licensed physical therapist to evaluate balance, coordination and proprioception.

Your physical therapist will develop a specific balance program tailored to you, which will be carried out by Equilibrium's trainer.

Sessions include:

1 on 1 individualized 45 minute sessions with Equilibrium's balance trainer who will follow the specific balance program outlined by the physical therapist during your evaluation. The sessions may also include gait stability training on our state of the art Anti-Gravity Treadmill, Vibraflex vibration therapy, and a strengthening program!.

Cost: \$90 per visit

10 Visit Balance Package: \$800 (save over 11%)

