



## Our Story

We believe PT should be different. Declining reimbursement rates are driving PT practices to become high volume mills where focused clinical care is replaced by rushed service and divided attention. EQPT is a boutique PT setting where the art and atmosphere of healing is not compromised by overbooking.

## Our Model of Care

Equilibrium Physical Therapy is founded on our passion for individualized care and attention. We never overbook, we have private treatment rooms reserved for every visit, and we practice one on one for the entire physical therapy session!

## Evidence-Based Practice

Equilibrium Physical Therapy is dedicated to Evidence-Based Practice! We value the ability to provide care that is proven to have clinical efficacy which is supported in the literature. It is imperative as our profession moves forward to focus on evidence-based practice in order to improve the quality of care we deliver to all our patients.

## Skilled Specialists

Equilibrium Physical Therapy is proud to have a staff of highly skilled niche physical therapists in a variety of specialty fields. Visit our services section to learn more about our unique practice and offerings.

Thanks so much for your interest in EQPT. Equilibrium Physical Therapy is a boutique, vestibular and orthopedic Physical Therapy practice built out in a custom studio located on East 78th street on the Upper East Side.

We are a bit different than most practices in that all of our clinicians are either board certified, hold advanced certifications, offer niche specialties, or have gone through a fellowship. We practice in a low volume model, allowing us to provide hour long one on one sessions with a physical therapist in private treatment rooms and intimate studio space.

We provide the best skilled clinical care in an atmosphere more conducive to a happy and healthy recovery. You can learn how our practice is different from the quick video on our website at [www.equilibriumpt.com](http://www.equilibriumpt.com). We utilize the latest technology in neuro-musculoskeletal rehab and vestibular diagnostics. Our Alter G treadmill is a tremendous new asset in the rehab setting, and we have included some trial cards in this packet for your patients to try it out! Check it out here: [www.alterg.com](http://www.alterg.com).

Due to the nature of our practice, we get a lot of direct access patients who find us directly and require referral to an MD, so we are actively trying to surround ourselves with not only the best providers, but also the best office staff where our patients will receive top care and communication consistent with our concierge model.

In this packet we've included our business cards, referral forms, and postcards detailing our services. We look forward to meeting and working with you and your team! Please don't hesitate to contact us at **(212) 472-5820** should you have any questions!

Sincerely,  
- The team at Equilibrium Physical Therapy

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